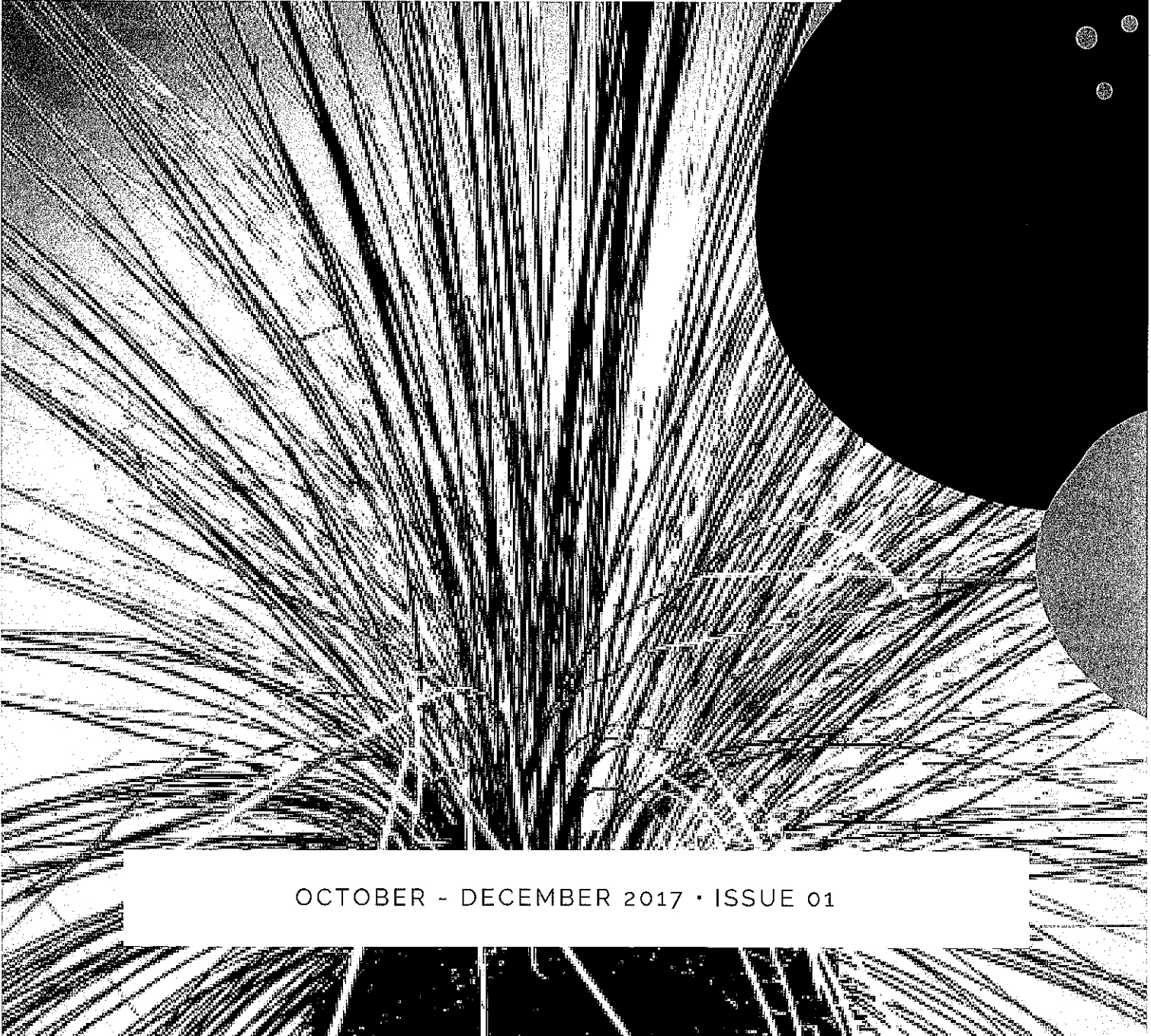
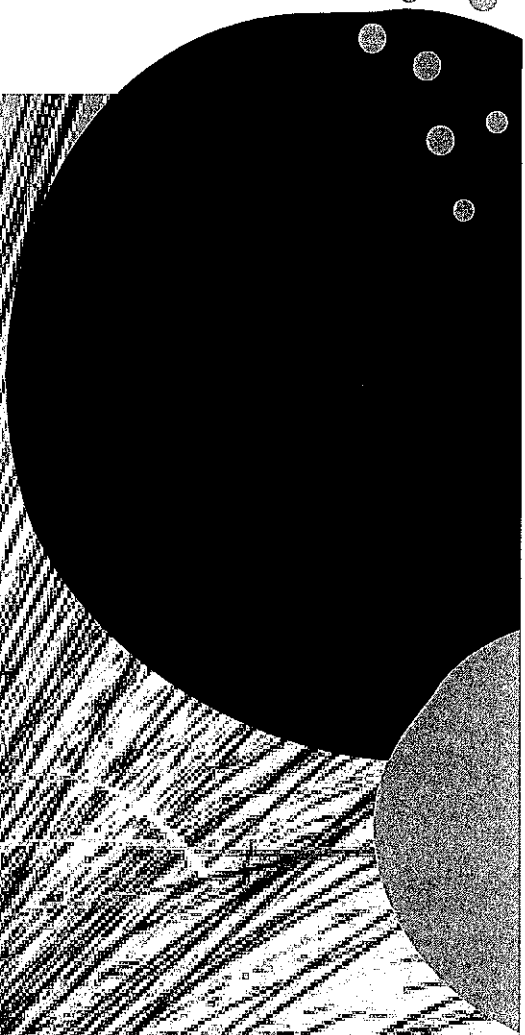
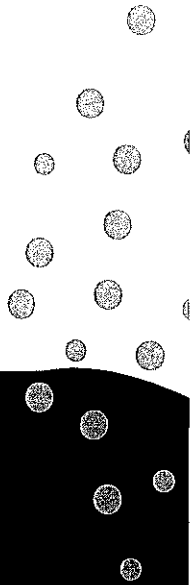


GGAC

QUARTERLY MAGAZINE



OCTOBER - DECEMBER 2017 • ISSUE 01

Contact Us

ABN: 99561430099
ICN: 2708

34-36 FARRAR ROAD
PO BOX 439
GUNNEDAH NSW 2380

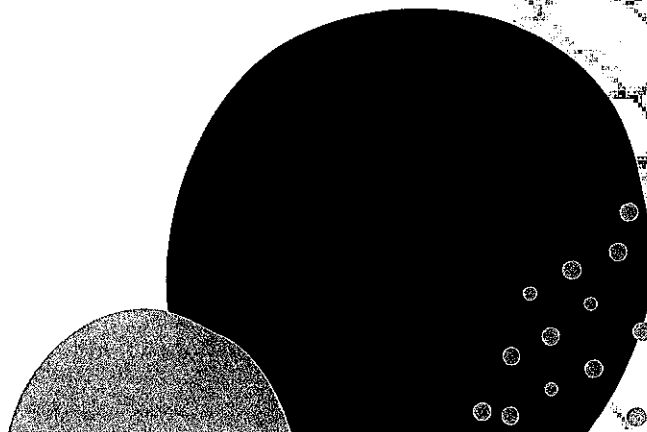
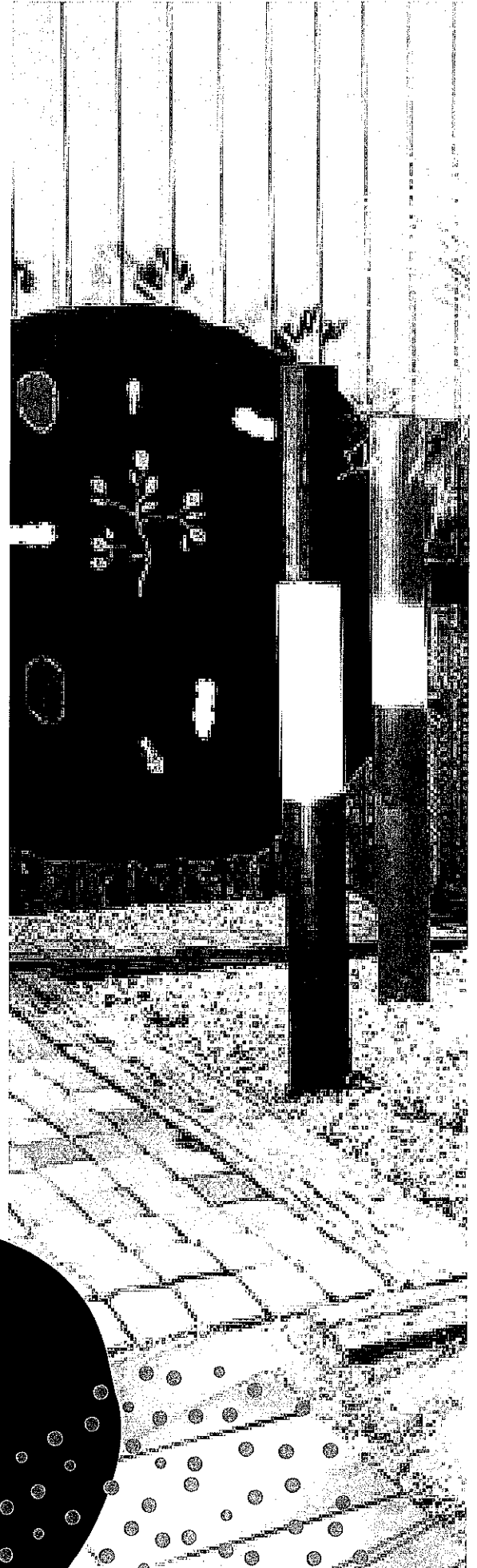
TENANT LINE: 1300 764 964

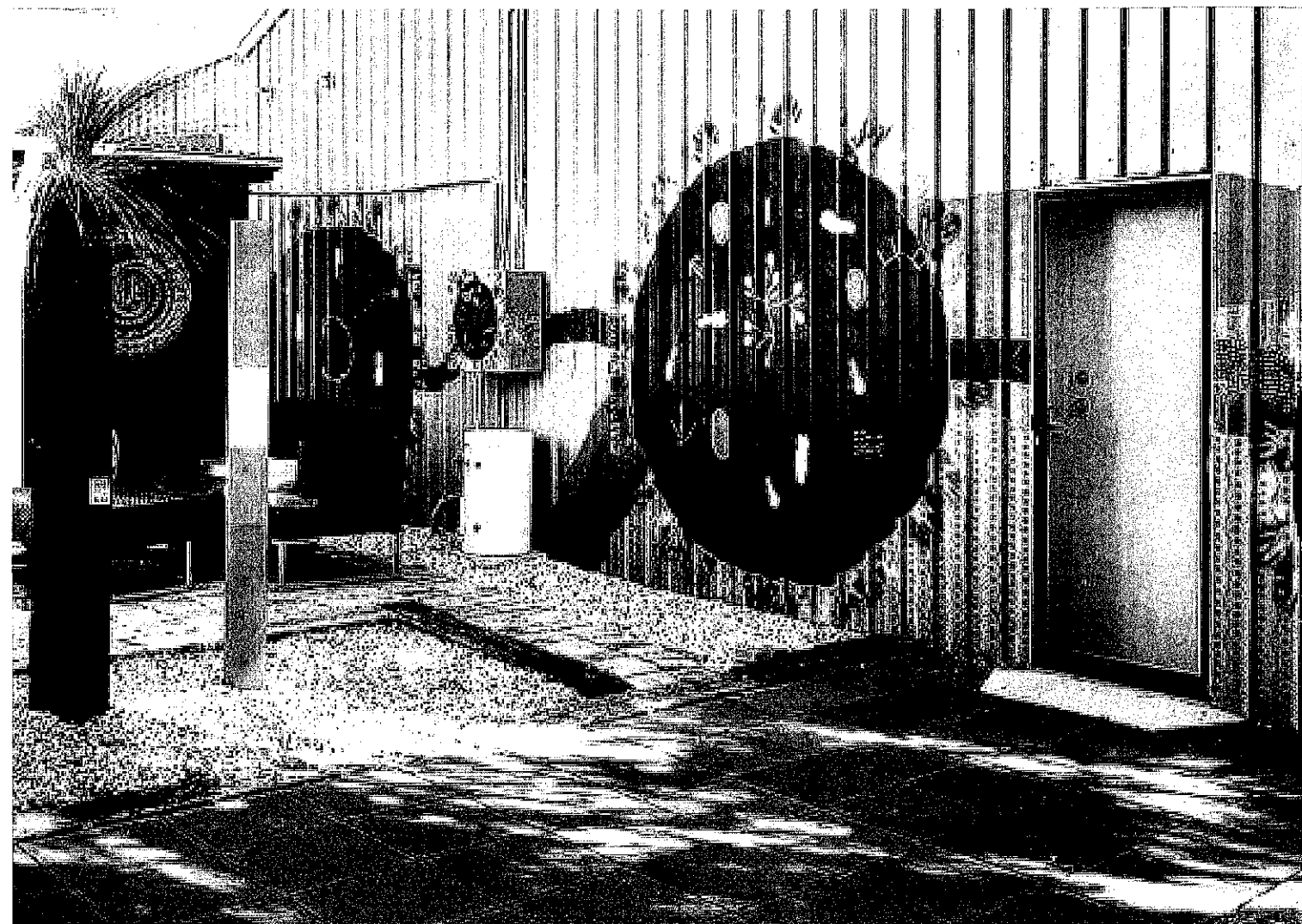
PHONE: (02) 6742 7038
FAX: (02) 6742 6670

CEO/JANE BENDER
jane@gunidagunyah.com.au

SENIOR HOUSING MANAGER/WADE NATTY
natty@gunidagunyah.com.au

HOUSING MANAGER/DANIEL IRWIN
daniel@gunidagunyah.com.au





THE GGAC OFFICE WILL BE CLOSED FOR THE CHRISTMAS HOLIDAY PERIOD FROM THURSDAY THE 21ST OF DECEMBER 2017 AND WILL RE OPEN ON THURSDAY THE 11TH OF JANUARY 2018.

We would like to welcome you to the new GGAC quarterly magazine. At the end of each quarter you will receive your copy by post or electronically by email if you prefer. You can change your preference at any time by contacting us on the phone number provided on the previous page.

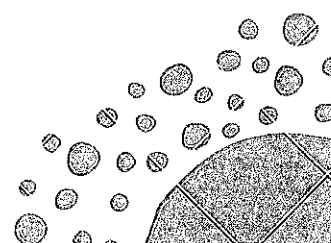
While we have your attention, we would also like to take this opportunity to thank everyone of you for all of your efforts throughout the year. The success of our company is built on the efforts of not only our employees but our tenants and clients as well.

Thank you for the continued support that each one of you has shown us. Working with you this past year has been a pleasure.

We offer our best wishes and safe travels to you and your families over the Christmas holiday break.

Sincerely,

GGAC Management & Staff



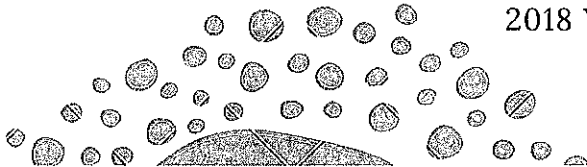


My name is Wade Natty. I am Gamilaroi and also have connection with the Dunghutti and Anaiwan peoples. On weekends I enjoy spending my time with the kids and fishing the Namoi. My favourite NRL team is the Canberra Raiders.

I have worked at Gunida Gunyah for about 11 years; I started as a CDEP participant, mowing lawns, cutting firewood and general labouring duties. Over the years I have worked hard to improve my skills and knowledge in the Aboriginal Housing Sector which has paid off as I am now the Senior Housing Manager. I like working at Gunida Gunyah, it is a great team environment and we are thrown new challenges every day. The most rewarding thing for me working at Gunida Gunyah is that it enables me to help people that are in need of assistance and I like to help Aboriginal people increase their opportunities and assist on their path to self-determination. I think the future of Aboriginal Housing for our Mob is private home ownership, to own your own home and not answer to anyone else and to have a permanent home for our families for generations to come. 2018 Year of the Canberra Raiders.

STAFF PROFILE

WITH WADE NATTY





TENANT TALK UP

AN INTERVIEW WITH
BETTY BARTON

1. Where you from? Who's your mob?

"From Breeza, I'm out of the Matthews mob; the Kamilaroi Tribe. We all lived in Breeza, reared up there right through".

2. Tell us a bit about your background.

Growing up etc.

"Dad always said fight your own battles, we had a big school in Breeza, the hall, the shop, liquor shop; it's a nice little village. It was good living there; we won all of our sports and everything, come first in everything we did against Spring Ridge, Pine Ridge, Quirindi and Walhallow, old Breeza won everything

3. Who is or was your role model? Why?

"Well it was our eldest brother I'd say, he'd correct us on everything, when we went to the Breeza dancers and everything he'd make sure that we were all ok. We looked up to him for a lot of things, that was our eldest brother he was the sort of role model for us, his name was Ian Matthews; plus we had other brothers that used to look after us too, make sure that we never done nothing wrong, muck up and whatever; mucking up and rolling down the big hill in a big tractor tyre in the centre we were and then bash into the Breeza hall cause they had all the tin walls then, it's really good down there".



4. What motivates you?

"That's all I look forward to now is just the grand kids, always looking after them; well that's what we're ment to do I think".

5. What's your favourite sports team?

"West Tigers always has been. I still got the black and white Guernsey, you know their first Guernsey; Magpies they were called aye, Western suburb; I still got that. Maybe it might make me rich one day and go and sell it. I got it for my birthday but I never ever wore it, just kept it".

6. What is your best childhood memory?

"I loved going to the dances with our brothers and mum, they'd always take all us Breeza girls and teach us to dance and everything; that's what I liked the best was the dancing".

7. How would you describe your experience with Gunida Gunyah Aboriginal Corporation?

"Well their very good Gunida Gunyah, you get a leaking tap or something and their right there; not much I can say about the ones that had the house before. Gunida Gunyah are a really good organisation, their got respect for the elders; you walked into the office you know and you get a 'Hello Lovely', they've got a lot of respect all those workers out there, every one of them".

8. How do you define 'culture'?

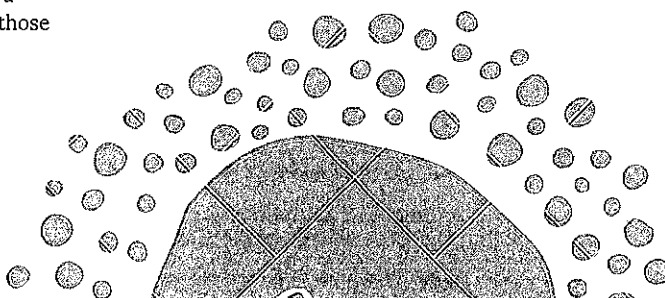
"Everything is fine with our aboriginal culture, it's just things you learn and the things you pick up from our ancestors; it's good to be aboriginal".

9. How do you define 'family'?

"Well your family is there to help you out in any trouble and things like that, that's the only way I look at it. Good old days with your mums and dads, when they pass that's when you miss them most because you always go to your family for help especially mum and dad".

10. Is there anything else you would like to share with me?

"Good old days out Breeza, it's changed but we still got a lot down there though, a lot of people still live down there, have bingo once a month, they have Christmas parties, dances and we're in that Buritja Group; me and Helen and June, you know just us Breeza ones to keep Breeza going anyways. We go down there on the weekends, go to the cemetery and do all the graves, we don't know half of them but we do them all because we are bought up that way I suppose. We had fun down there, everyone joining in swimming in mud getting in trouble off mum when we got home".





**Shae-Leigh
Going for
GOLD**

This young champion is a proud Gumbainggir and Anaiwan girl, who attends Minimbah School in Armidale and lives on Armidale Reserve.

We interviewed proud mother Tracy Hyatt who shared some wonderful news about Shae-Leigh with us. At the time of our interview Shae-Leigh was competing in the Adelaide Pacific School Games, and had just won a bronze Medallion in Discus.

Shae-Leigh still had 4 events to compete in including the Long Jump Finals, Shot Put Finals, 4 by 100m relay and 4 by 200m relay.

We shared our well wishes for the remaining events with Tracy and congratulated her on her daughters success.



Parents Tracy Hyatt and Lachlan Vale speak very highly of 10 year old daughter Shae-Leigh Vale having recently competed in the New South Wales State Carnival in Sydney. Events included the 100m, 200m, 800m, long jump, shot put and discus on the 16th & 17th October. Shae-Leigh's performance was outstanding resulting in her bringing home 2 Silver medallions and 3 Bronze medallions.

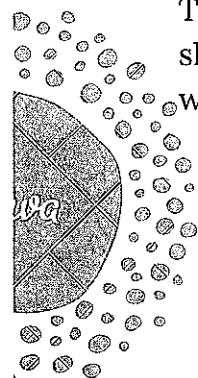
From the New South Wales State Carnival Shae-Leigh was selected to go on and represent New South Wales in Adelaide at the Pacific School Games to compete in Discus, Long Jump, 800m, 100m and Shot Put.

These games only come around every 4 years and is equivalent to the Commonwealth Games competing against all States and Territories including China, New Zealand, Pakistan, India, Fiji, Macau and Philippines; it's just that this event is only for children.

Thank you Tracy & Shae-Leigh for sharing your story and good luck with your future endeavours.



“Both I and her father are very proud of her and the motivation behind it all is for her brother Tane” Miss Hyatt says. “She doesn’t train, this is all just talent”



Pre-School utilising vege patch for positive learning opportunity

Since November, Gunnedah Preschool has been attending weekly excursions to the garden beds at Gunida Gunya to explore scientific topics such as sustainability and life cycles, not to mention the great learning possibilities around using the fruit and vegetables grown to prepare healthy meals.

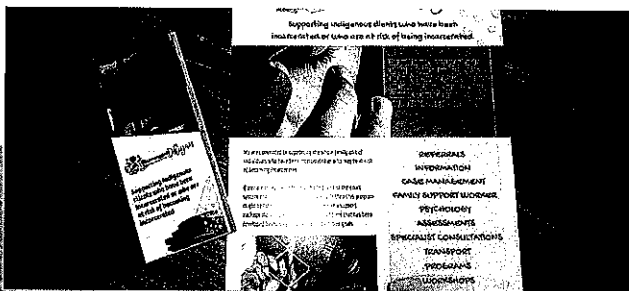
After an initial planning week, the Preschool students discussed with their educators what fruits and vegetables they'd like to grow in the garden beds. As you could imagine, the educators were bombarded with an amazing list of plants the children were interested in growing, proving just how excited they all are about this experience.

Aside from the learning benefits this excursion provides, it is also a great way to further build relationships in the Gunnedah community, particularly with the local Aboriginal community, which our Preschool is very much a part of.

Gunnedah Preschool is very excited to continue this excursion into 2018, and would like to thank Gunida Gunyah for all their support thus far.



GGAC WELCOMES NEW PROGRAM & NEW STAFF



Warranggal Dhiyan is an intensive case management and support package program for individuals and family units who have come into contact with criminal justice system.

We welcome on board two family support workers supported by an administration trainee. The team are based in Gunnedah the GGAC office and are operating as outreach service in the North West NSW region (excluding Tamworth & Moree)

The program has been developed to support individuals and families who find themselves in regular contact with the police and/or are going through the court system and may be at risk of becoming incarcerated. The program also supports individuals who have been released from incarceration that would like support to break the cycle.

Member for Parkes Mark Coulton announced the program in the local paper in July 2017.

Check out the Warranggal Facebook page here:

<https://www.facebook.com/ggacsupport/>



CATCH UP WITH WALTER, SHANTEL & KATH

The Warrangal Dhiyan Program is about building strong families and is a new program that has been running for just over 6 weeks. The team, Kath, Walter and Shantel have been out and about meeting with community members, Aboriginal Elders, other service providers, court officials and the police. Last week three of our staff travelled to Collarenebri, Pilliga, and Mungindi meeting with the Community members to yarn about what we do. Warrangal Dhiyan has been supporting people and their families to work who have come in contact with police and the court system.

We have been assisting families to access programs that focus on drug and alcohol issues, mental health, disease prevention, treatment, family and domestic violence.

We provide a range of information including your rights when encountering the police and resources that can help you prepare for upcoming court hearings. We can also give advice about a number of topics that may be relevant.

Late last month the team attended an informative conference at Dubbo addressing domestic violence that explored ways that services providers working in the sector can demonstrate cultural safety when dealing with Aboriginal people.

This week one of our Family Support workers visited Walhallow to meet with Ooranga Walhallow young dads group about our new program. Both Kath and Walter will be back in Walhallow on 7 December at the preschool. If you would like to hear more about our how our program can support you and your family to break the cycle please call 6742 7038 and ask to speak to one of our Family Support Workers. Self referrals are welcome.



AROUND THE GROUNDS AT GGAC

Private Play Area

The play area was developed in conjunction with the local work for the dole program. If you would like to visit our office and speak to staff, you don't have to stress about having to bring the little ones with you. The play area is perfect to keep them busy and occupied while you attend your appointment onsite.

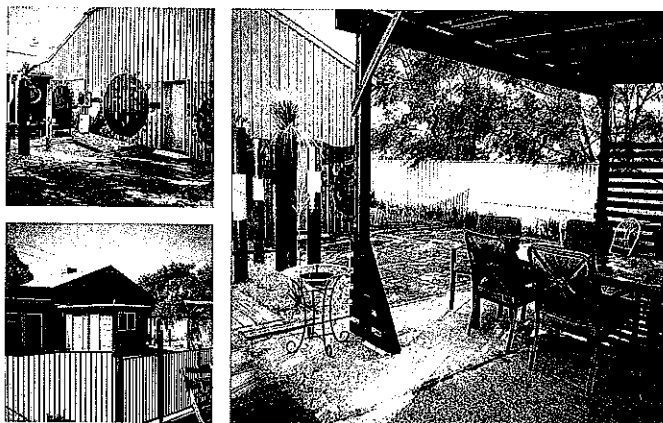


Community Building

The building is currently used for staff training, community and service provider meetings and workshops, outreach service offices and staff functions. A recent transformation included the addition of conference equipment including tables, chairs & projector.



The exterior of the building was upgraded with the generous assistance of a SHCIF fund. A large mural wrapping around the building was designed and painted by community members and staff. The area boasts an undercover BBQ area and toilet facilities.



If you are looking for a facility to host a meeting, conference or workshop please contact us!

Advice from Assets & Maintenance Team

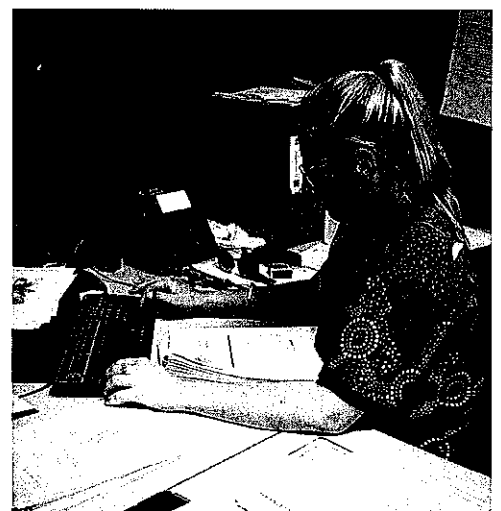
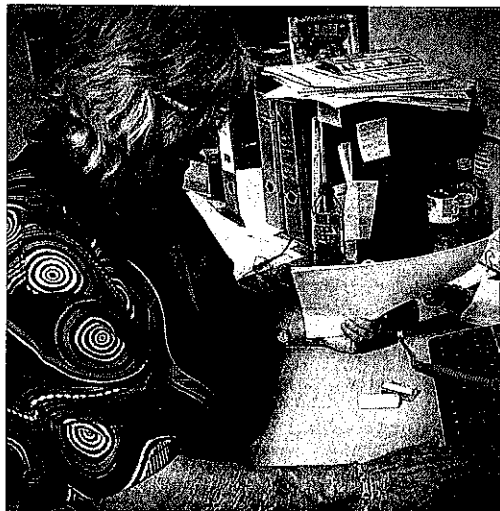
WITH JODIE, WAYNE & DEB

We have included a list of Emergency contacts in this magazine. Please note that this is only for urgent jobs, if you do have any repairs and maintenance that is not an urgent job it can wait until the office reopens. If you are unaware on what is classed as an urgent job you can go to the fair trading website and follow the link:

http://www.fairtrading.nsw.gov.au/Tenants_and_home_owners/Renting_a_home/During_a_tenancy/Getting_repairs_done.html

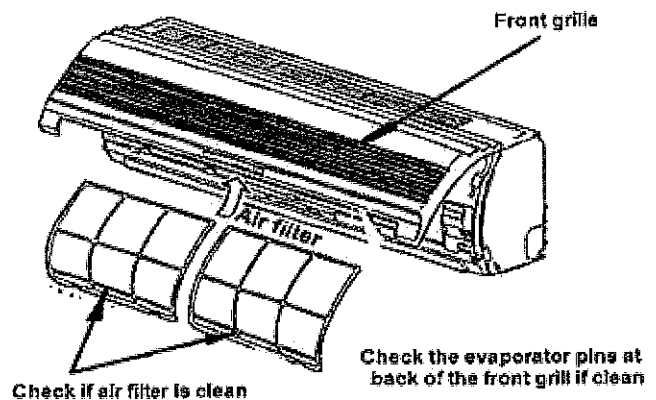
We hope you find our handy tips useful.

We hope you have a merry Christmas and a safe & happy New Years from Assets & Maintenance team (R&M Team)

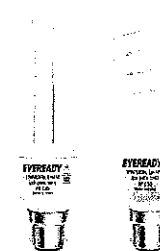
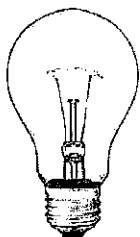


Handy Tips...

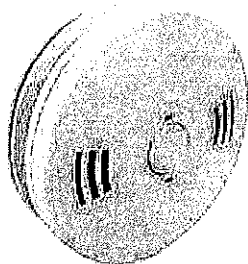
Split Systems - upon the summer weather we do not service split system air conditioners however we thought this may help you through the long hot summer, to regularly clean the filters on the split system you need to lift the top cover (front) and take the filters out (as shown below in diagram), sweep off any excess dust then run under cold running water, let dry and insert back, make sure you close the front top cover before use. You could also look at using dark curtains to block out some of the heat. Evaporative air conditioners are serviced every 12 months by Gunida Gunyah.



Light bulbs - Tenants are responsible to change their light bulbs and starters in fluorescent lights, however if you already have done so and the issue is still occurring please call the office and report it. On that note if you have a special kind of light fitting that requires an electrician to change than you must call the office to rectify the issue. A 15 Watt compact fluorescent lamp or bulb reduces approximately the same amount of light as a 60 Watt incandescent lamp or bulb. Changing from a 60 Watt incandescent bulb that operates for 2 hours each day to a 15 Watt CFL reduces the annual cost of operation from \$4.80 to \$1.20, assuming a rate of 11 cents per kilo watt an hour. Changing A 12Watt light emitting diode further reduces the annual operation cost to a \$1 per year.



Incandescent 60 Watt bulb to a 15 Watt CFL bulb



Smoke alarms - Smoke alarms get serviced every 12 months, if you are having issues with your smoke alarm constantly going off you must call the office and report it, do NOT remove or tamper with the smoke alarm as you may be charged for the repairs or replacement.



Emergency Contacts

OVER THE HOLIDAY BREAK

Armidale

Plumber – Rabbit Plumbing 0405422061 or 67722248

Electrician – Armidale Electrical 67723702

Handyman – HCS Building 0402301613 or 79039755

Ashford

Plumber – Terence Moffit 0402224103 or 67254175

Electrician – Warialda Electrical 0429061691 or 67291608

Handyman – Boyd Williams 0427185550

Colli

Plumber – Joseph Kranz Plumbing 0498026514

Electrician – PE Power 0499075597

Handyman – Ben McQuillin 0417279944

Gunnedah

Plumber – Toms Plumbing 0427992691

Electrician – Thomsons Electrical 0427421995 or 67421995

Handyman – Darren Loftus 0429005174 or 67431830

Namoi Glass – 0477459970

Inverell/Tingha/Uralla

Plumber – Laser Plumbing 0424531327 or 67213884

Electrician – Sapphire City Solar & Electrical 0418693641 or 67222345

Handyman – Matt Baker 0412309723

Moree/Mungindi

Plumber – North West Plumbing 0428521084 or 67542210

Electrician – Paynes Electrical 0428542021 or 0427746186

Handyman – Wheelers 0455737768 or 67291702

Pilliga

Plumber – Daves Plumbing 0408684171

Electrician GBC Building – 68283525

Handyman – GBC Building – 68283525

Tamworth

Plumber – Dillons Plumbing 0408612780 or 67653235

Electrician – Duttons Electrical 0408951787 or 67617722

Handyman – Angus Maxwell 0429999582

Walcha

Plumber – Neil Dark 0428772787

Electrical – Ian Bird 0428772745 or 67772745

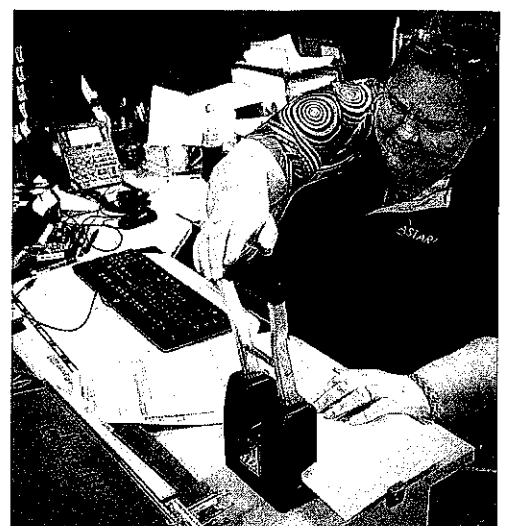
Handyman – HCS Building 0402301613 or 79039755

Walhallow/ Quirindi/Werris Creek

Plumber – Brian Smith Plumbing 67461616 or 0427396665

Electrician – Peter Clark 0427817598

Handyman – Steve Payne (North West Building) 0427463277 or 67463277



Communications with Compliance

WITH JO, BOB & LEA

Paying Rent in Advance

As a condition of the residential tenancy agreement, it is required that tenants pay rent in advance. This means that if you pay your rent weekly, you are required to be a week in advance with your rent. If you pay your rent fortnightly, you are required to be a fortnight in advance with your rent.

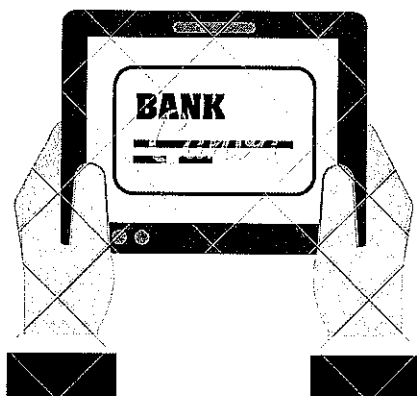
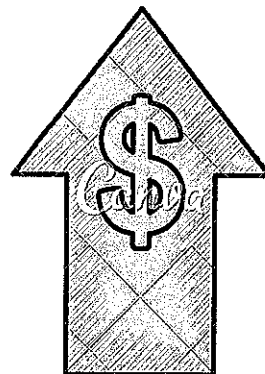
Rent Statements

When you receive your monthly rent statements you should focus more on the paid to date instead of the amount that you may be in advance or in arrears & the amount of days in advance or arrears. Depending on your frequency of paying rent, for weekly payments, if you're paid to date says that you are paid to 7 days after the date that you have paid rent, this means that you are in advance with your rent of 7 days. For fortnightly payments, if you're paid to date says that you are paid to 14 days after the date that you have paid rent, this means that you are in advance with your rent of 14 days.

Date Received	Amount	Date Paid In	Date Paid To
01-Sep-17	1,000.00	01-Sep-17	08-Sep-17
08-Sep-17	1,000.00	08-Sep-17	15-Sep-17
15-Sep-17	1,000.00	15-Sep-17	22-Sep-17
22-Sep-17	1,000.00	22-Sep-17	29-Sep-17
29-Sep-17	1,000.00	29-Sep-17	06-Oct-17
06-Oct-17	1,000.00	06-Oct-17	13-Oct-17
13-Oct-17	1,000.00	13-Oct-17	20-Oct-17
20-Oct-17	1,000.00	20-Oct-17	27-Oct-17
27-Oct-17	1,000.00	27-Oct-17	03-Nov-17
03-Nov-17	1,000.00	03-Nov-17	10-Nov-17
10-Nov-17	1,000.00	10-Nov-17	17-Nov-17
17-Nov-17	1,000.00	17-Nov-17	24-Nov-17
24-Nov-17	1,000.00	24-Nov-17	01-Dec-17

Rent Increase

The rent increase is coming the first week of January so if you haven't already please adjust your Centrepay to include the rent increase. If you don't increase your rental payment before the increase takes effect you might find yourself in arrears. For those that are currently paying extra for either arrears or tenant damage need to be aware that they need to include those amounts also, especially those who are on current NCAT orders. If you are unsure of the amount that you need to be paying please do not hesitate to contact the office & speak with a staff member from the compliance team..

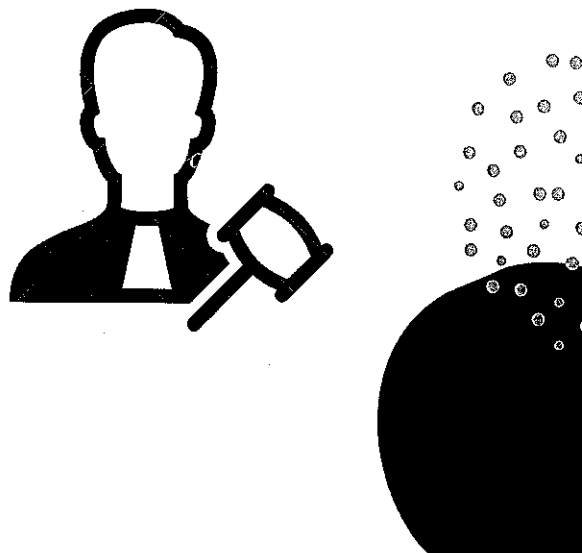


Direct Deposit

It is imperative that if depositing your rent into the bank that you attach your reference number with the deposit as the reference number is how we identify the deposit. If you happen to forget your reference number, use your name or phone number as the reference or contact the office to make sure you have the correct number.

Tribunal Matters

Our aim at Gunida Gonyah is to assist tenants as much as we can to sustain their tenancies. Tenants should know that if they find themselves at tribunal for any reason, that this is the absolute last resort. The decision made to get to tribunal is not an easy one, when all other avenues are exhausted this is the last step. The easiest way to stay out of tribunal is to make sure that your rent is paid & payment arrangements are adhered to. If you receive a phonecall or letter regarding your rental arrears or tenant damage, it is best not to ignore as this leads to tribunal. Several attempts of contact will be made to tenants regarding their rental arrears & tenant damage costs before application is made to NCAT.



Emergency Relief (Bills, Food & Utilities)

If you're struggling to make ends meet, The Salvation Army's may be able to provide practical assistance.

Please contact the Salvation Army where you will talk to a friendly and trained telephone support worker who will assess your situation and refer you to a local 'Salvos Connect' site to receive assistance.

Please note that your circumstances will be assessed with regards to your needs and available resources.

Most people only need to access emergency relief once to help them with an unexpected situation that has caused financial stress. Others may require additional support over a period of time to move forward. Our team are also able to refer you to other services if they are relevant to your circumstances.

To speak to a person from the Salvos Assessment Line, please call 1300 371 288 between the hours of 9:00am - 5:00pm on Mondays - Fridays.



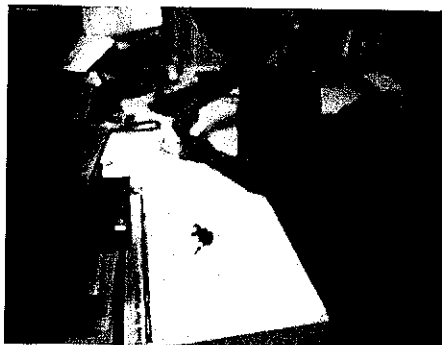
Finance Briefing

WITH TAMMY & GARRY

Finance Team would like to remind all Tenants that pay directly into the bank account to ensure they use their reference number provided. If you are unsure of what your reference number is please feel free to contact the Tenant Line and talk to Staff.

If you do not use the correct reference number then your rental payment cannot be allocated to your rent until we are aware of the payment belonging to you.

The Finance Team wish all Tenant's and Families a very Merry Christmas and a safe and happy New Year.



Do you have an overdue power bill?

**Did you know that you may be able to access
a \$50 voucher through the Energy Accounts
Payment Assistance (EAPA) Scheme?**

**Call us here at Gunida Gunyah to find out if
you are eligible.**

Energy Accounts Payment Assistance (EAPA) Scheme

The Energy Accounts Payment Assistance (EAPA) Scheme helps people experiencing a short term financial crisis or emergency to pay their electricity or natural gas bill. The scheme helps people stay connected to essential energy services during a financial crisis. This scheme is not available on an ongoing basis.

How does the EAPA scheme work?

EAPA vouchers are issued by participating EAPA providers such as St Vincent de Paul, Salvation Army, Anglicare and many others. The EAPA Scheme operates through a voucher system and each voucher is worth \$50.

The EAPA provider assesses the customer's situation and determines each case based on individual circumstances. The vouchers issued to the customer will be sent to the retailer electronically by the EAPA provider and the vouchers will be paid to the customer's account.

Note: Before contacting an EAPA Provider to make an appointment for an EAPA assessment, please contact your electricity or gas supplier to find out what payment plans and other assistance might be available. You may be able to agree on a payment plan with your supplier to suit your financial situation.



OUT & ABOUT IN COMMUNITY



WITH BRENDA, ANTHONY, SHANNON & JAKOB

Liason Links

A WORD FROM THE TENANT LIAISON OFFICERS

Financial Health Check Seminars

The Tenant and Community Liaison Team went on a road trip with the Mobile Office to deliver Financial Health Checks in Pilliga, Collarenebri, Mungindi and Moree a few weeks ago. The Financial Health Checks included assisting tenants with their power bills and phone bills with services doing hardship programs; along with Gunida Gonyah Aboriginal Corporation, Scott Fox from Fair Trading had come out for the week to also assist tenants with Fair Trading. Overall we had a successful week out in Community doing the Financial Health Checks Seminars and would like to thank the other Services that came along with us.

Pictured from left: Brenda Porter, Anthony Johnson, Shannon Walton, Jakob Kay and Scott Fox (Fair Trading) in Pilliga



Business Cards

Have you noticed a business card left at your door from Gunida Gonyah Aboriginal Corporation??? We have left you a card to let you know that we have come to visit you but you weren't home at the time, so then if you have any problems you can call back to the office and speak with the right staff member about your issues. We regularly visit each community every month to ensure that all tenants can speak with Gunida Gonyah staff face to face instead of over the phone a lot of them time. We ensure that we visit every tenant on our visits; if not we ensure that we visit you next time round.



Tingha Workshop

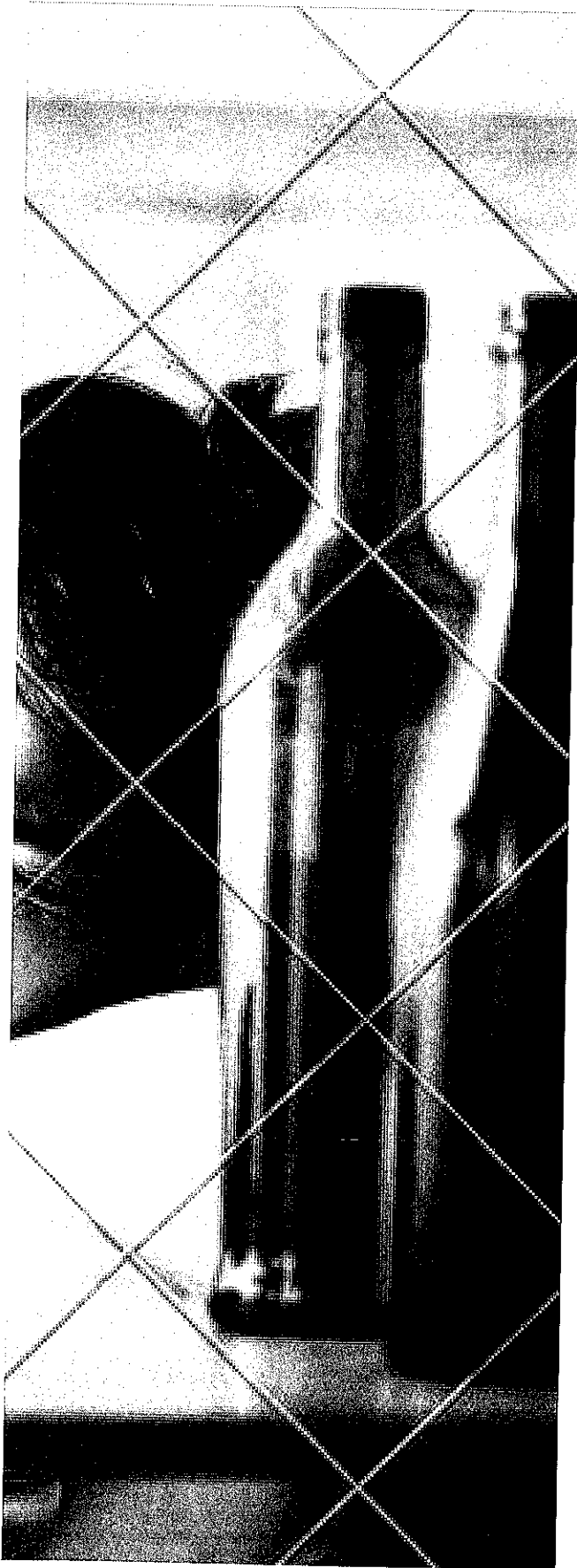
29th November Gunida Gunyah Aboriginal Corporation took the Mobile Office on another road trip to Tingha to do a Tenancy Workshop. Along with Gunida Gunyah, Christine Connors from Healthwise, Michela Beal from Fair Trading, Bonnie Vale from Winanga-Li and Dallas Taylor from AHO came along for the day to provide their service and information to the tenants that attended on the day. It was a great turn out for the day along with a BBQ lunch for everyone that came; it is a great pleasure seeing not only tenants but community members attending days like the Tingha Workshop and would like to thank all the services that come along for the day as well.

Pictured from left: Brenda Porter, Dallas Taylor (AHO) and Shannon Walton in Tingha

Support Service/Referrals

Not only do the Tenant and Community Liaison Team visit you, we like to assist you in any way possible; if you would like some support or help that may not have anything to do with your tenancy we can help. We can refer you to services that may be able to assist you with the issues you are having, don't hesitate to give the office a call or talk to us whilst out on community. We are here to help you in any way possible.





Tips for safer drinking over the holiday period

Plan some alcohol-free days – grab a juice, mineral water or iced tea instead.

Keep count of your standard drinks by pouring your own drinks.

Eat before, and while, you are drinking
Alternate alcoholic drinks with non-alcoholic drinks

Plan activities for your family that don't involve alcohol. Even responsible alcohol use can send the message to your children that alcohol is a necessary part of everyday life.

Show them that alcohol doesn't have to be part of every social situation to have a good time.

Set yourself some goals. New Year's is a great time to think about cutting down the amount of alcohol that you consume.

Avoid drinking on an empty stomach.
Drink plenty of water to stay hydrated.

Look out for your family and friends.

Avoid combining alcohol with energy drinks.

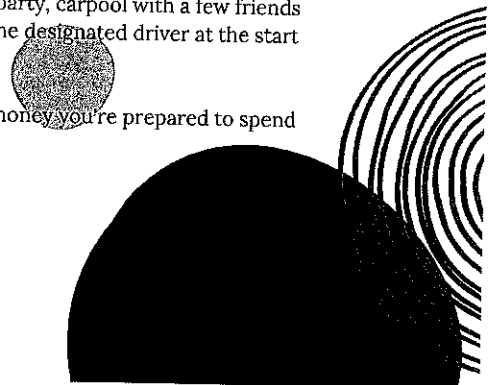
Drink slowly and try drinks with lower alcohol content.

Remember that many drink serving sizes are often more than one standard drink which means your Blood Alcohol Content (BAC) may be rising more quickly than you think. Check the label on the drink container for standard drink information.

Pour your own drinks so you can be sure of how much you have consumed.

If you are driving to the party, carpool with a few friends and decide who will be the designated driver at the start of the night.

Think about how much money you're prepared to spend and stick to a budget.



Keeping our kids active

Making junior sport affordable
with **\$100 rebate** per child

Active Kids Program

What is Active Kids?

The NSW Government will provide a \$100 voucher to parents/guardians of school enrolled children. The \$100 voucher can be used for registration and participation costs for sport and fitness activities.

The initiative aims to reduce barriers to participation and help change the physical activity behaviours of children and young people in NSW.

Who is eligible to claim the voucher?

Every child (4.5 - 18 years' old) enrolled in school from Kindergarten to Year 12 will be eligible for an Active Kids Voucher. This includes those who are home-schooled or enrolled in secondary school education at TAFE NSW.

It will not be means tested and one voucher will be available for every child in the family annually over the next four years.

There will be no limits on the number of applications per family, as long as every child is enrolled in school.

How long are vouchers valid?

Vouchers provided are valid for redemption during the current calendar year activity program (Year 1 will commence from 31 January and expire on 31 December 2018). Vouchers shall expire at the end of the calendar year.

2019 vouchers and beyond will commence from 1 January each year and expire on 31 December.

No availability exists for retrospective redemption of vouchers.

Vouchers are available for redemption once only for the nominated registered season or term of activity.

What can the voucher be used for?

The voucher can be used for registration or membership fees for structured activities of no less than eight weeks' duration that provide a moderate to vigorous level of physical activity, for example:

sporting pursuits

swimming lessons

structured fitness program

outdoor education programs

approved active recreation (dance etc)

equipment ordinarily provided by the provider on registration for competition.

Physical activity is defined as movement involving large muscles (e.g. running, swimming, aerobic activity). Physical activity must be planned, structured and involve repetitive bodily movement which improves or maintains physical fitness.

The vouchers will be redeemable through approved sport, fitness and physical activity providers upon registration.

Please note that vouchers cannot be split between multiple clubs or registrations, and therefore you may not be able to claim the full \$100.

What can't the voucher be used for?

Individual items (such as jerseys, socks, boots, etc.) that would usually be purchased from a retailer and paid for by the individual as part of participating in the activity separate to any membership or registration fees charged by the provider.

How do you download a voucher?

From 31 January 2018, parents/guardians/carers with legal responsibility of an eligible child resident in NSW will be able to download a voucher from an online platform. The platform will be run by Service NSW and can be accessed through this website.

When will the program be introduced?

From 31 January 2018 families will be able to claim their voucher/s.

Where can I get more information?

<https://sport.nsw.gov.au/sectordevelopment/activekids>



How to Apply

1

Visit sport.nsw.gov.au/activekids.
Read the Guidelines and Fact Sheets
to learn about the program

2

Visit service.nsw.gov.au and create or
login to your MyServiceNSW Account.

3

Complete an Active Kids application through your MyServiceNSW Account.
You will receive a voucher with a unique ID number for each
child you register (available to download, print and email).

4

Redeem your voucher
Take your child's voucher to a registered activity provider; or log onto your
provider's website to enrol and enter the voucher ID number.

When your child commences their chosen sport or activity, your online account
will show the status of the voucher change from 'Active' to 'Redeemed'.



PROGRAMS

AND WORKSHOPS

If you are an individual or community group and have a great idea for a program or workshop, then we would love to hear about it.

We are always open to the possibility of working with you to develop and deliver culturally appropriate and responsive programs in your community.

With your knowledge and our expertise we can work together and access grants and funding to support programs and workshops developed to target a number of issues including but not limited to projects for youth, elderly, men, women, criminal justice, health, well being and education.

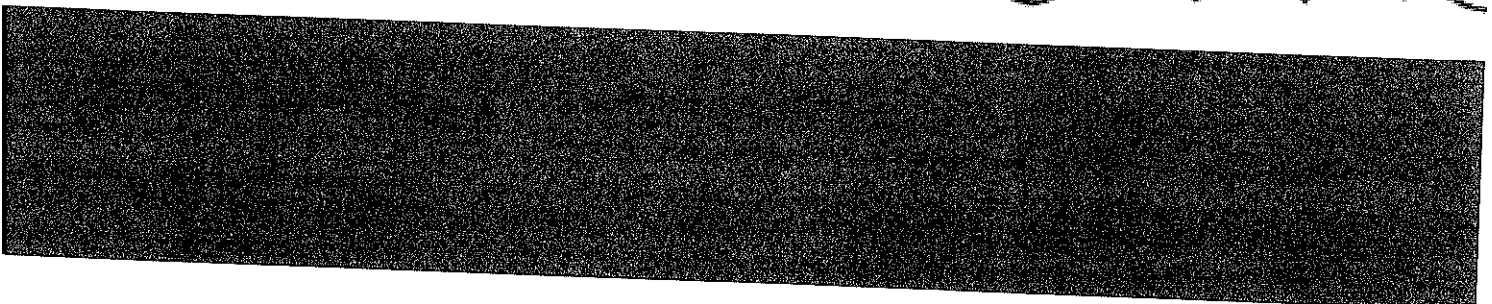
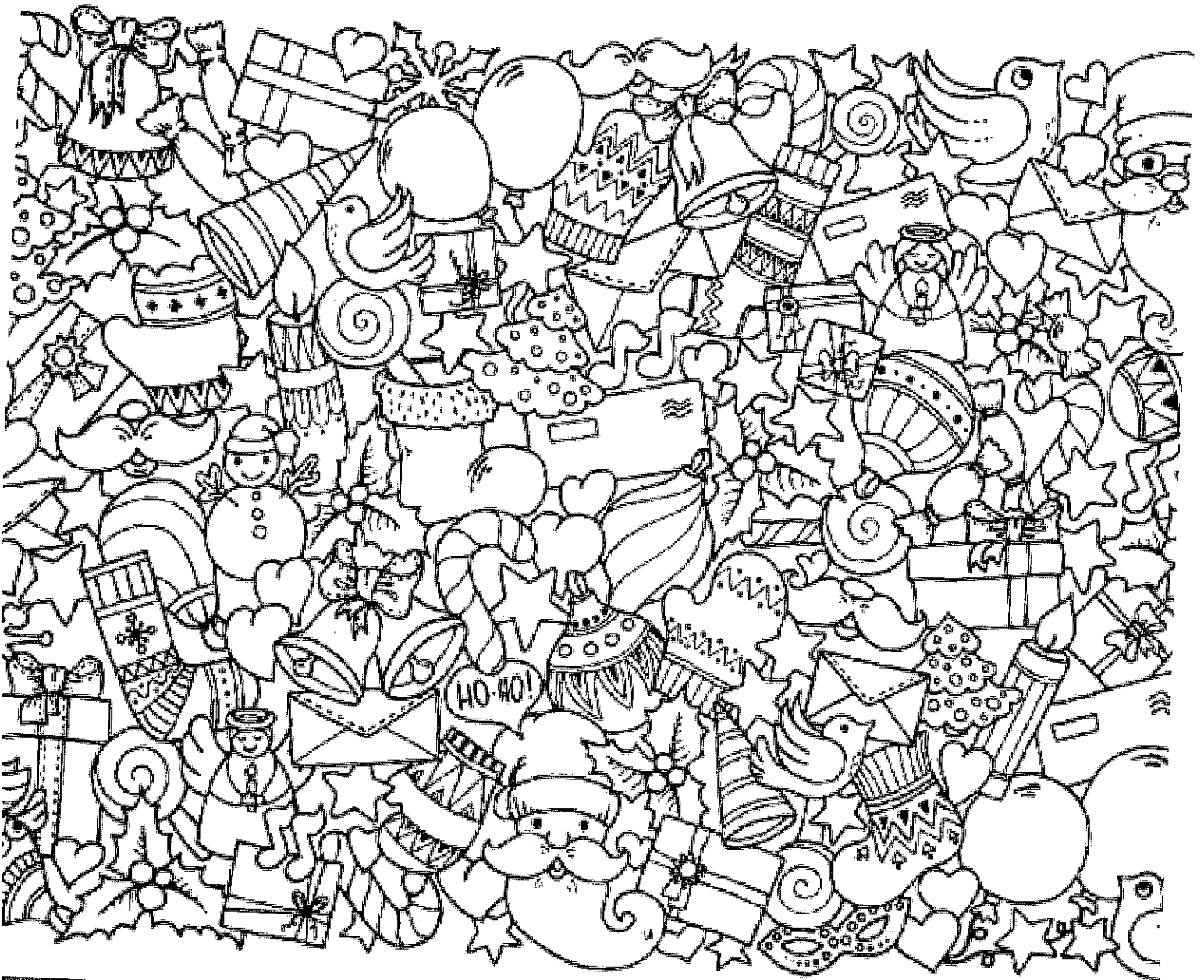
If you have identified an issue in your community and would like to brainstorm with us - please call us today on (02) 6742 7038

Alternatively you can email Ash or Steph on the email addresses provided below:

ashley@gunidagunyah.com.au
stephanie@gunidagunyah.com.au

GGAC KIDS

SPECIAL EDITION





Christmas Cookies!

INGREDIENTS

- 225g butter
- 1 cup caster sugar
- 1 1/2 teaspoons vanilla extract
- 3 cups plain flour
- 1 teaspoon bicarb soda
- 2 teaspoons cream of tartar
- 2 free range eggs (59g)

DIRECTIONS

Preheat oven to 180°C and line baking trays with non-stick baking paper. Using a stand mixer, cream the butter and sugar until light and fluffy.

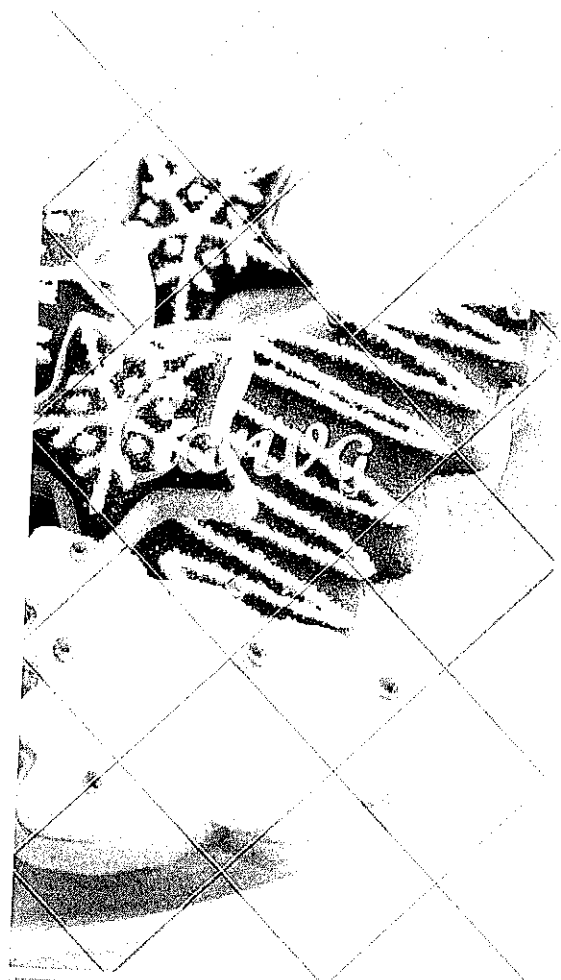
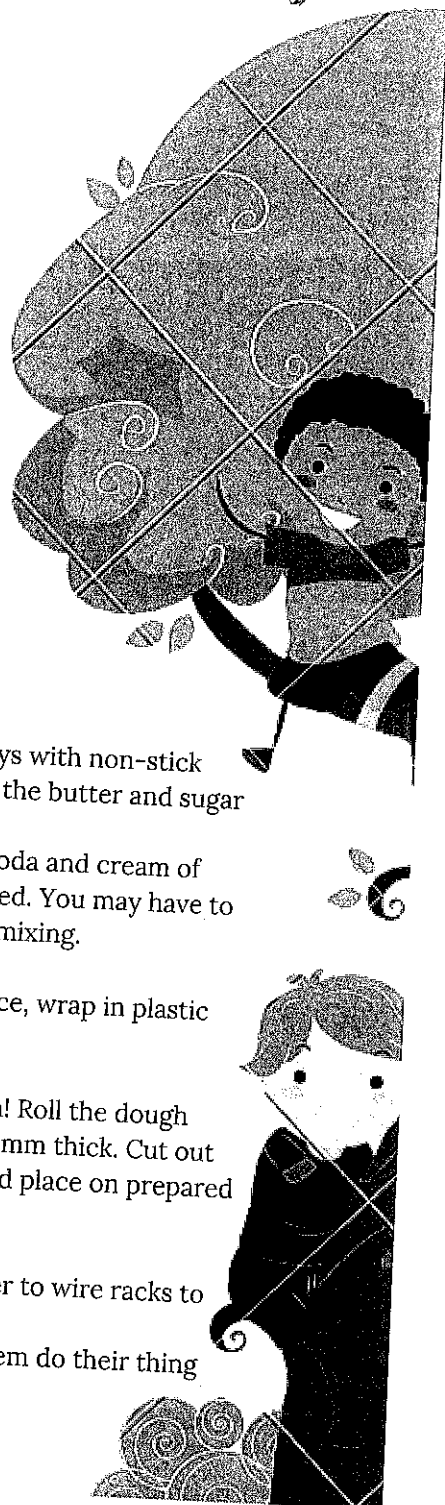
Add the eggs and sift in the flour, bicarb soda and cream of tartar. Mix until a smooth dough has formed. You may have to scrape the beater down half way through mixing.

Knead the dough lightly on a floured surface, wrap in plastic wrap and put in the fridge for 30 minutes.

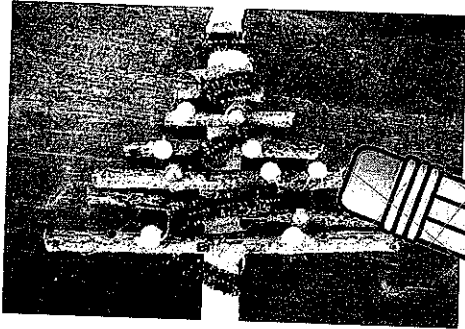
Now for the fun part, summon the children! Roll the dough between two sheets of baking paper until 5mm thick. Cut out biscuits using Christmas shaped cutters and place on prepared baking trays.

Bake for 10 minutes or until golden. Transfer to wire racks to cool.

Call the wandering children back and let them do their thing with writing icings, smarties and/or lollies!



MAKE YOUR OWN BUSH DECORATIONS



▼ Christmas Tree

Gather up some twigs and sticks to make these neat little Christmas tree hanging decorations. Tie or glue the twigs together and decorate!



▼ Table Decoration

Fresh gum leaves, flowers and nuts make a great centre piece for the Christmas table. Ask an adult to help you snap some small branches and twist into circle. Place on the table.

▼ Painted Wreath

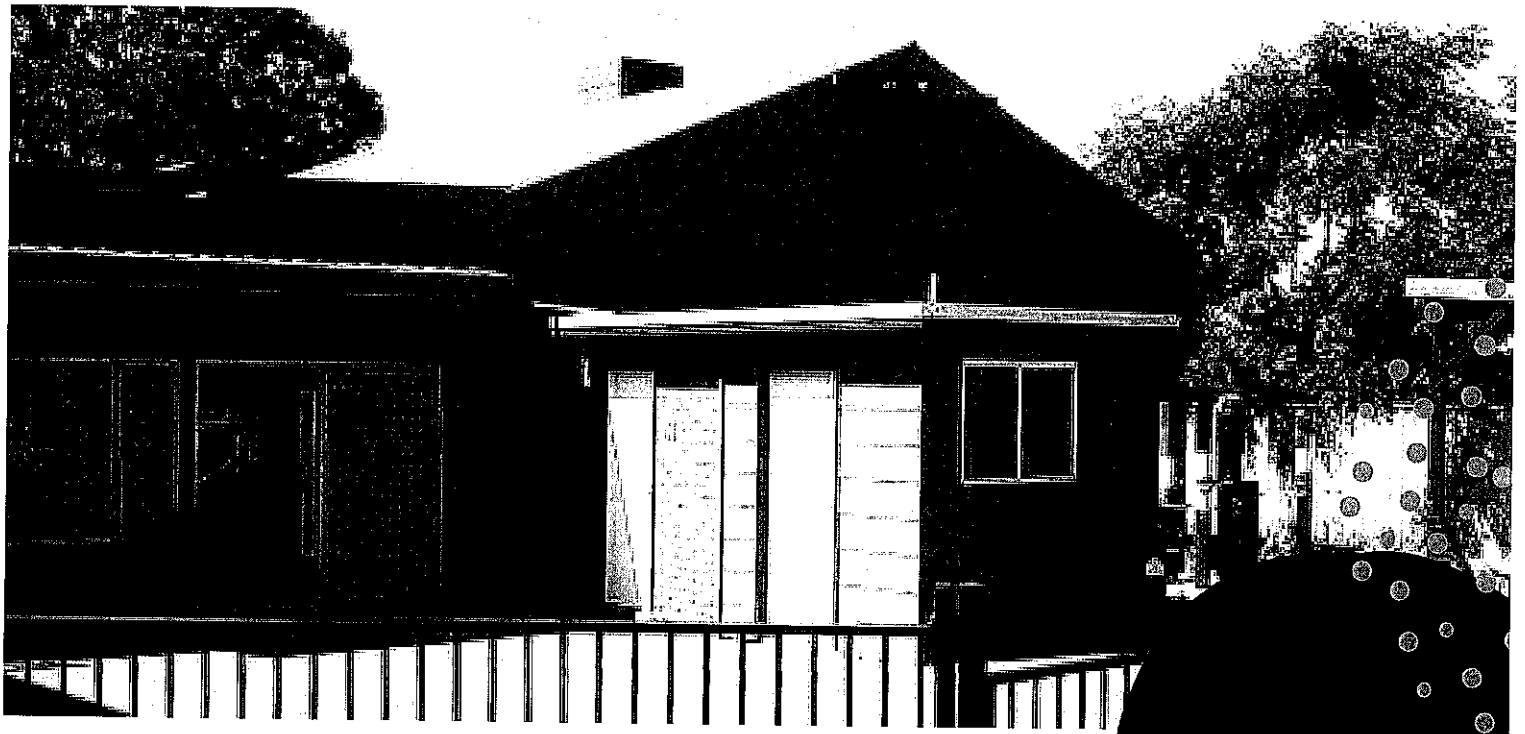
Gather up a bunch of leaves from the ground and decorate by painting with colours and patterns. Dried leaves that have fallen off the tree work the best for this one. Glue the leaves onto a large piece of cardboard into a round shape.



Golden Gum Nuts

If your lucky enough to get your hands on some gum nuts - then all you need is some gold paint. These look good in small vases or just scatter on the table.





Scoop From Programs

WITH STEPHANIE & ASHLEY

Now that the year is coming to the end we would like to take the time to reflect and be thankful for the support that we have received.

We would like to take this opportunity to thank tenants and community members who have attended events, workshops and seminars with our Liaison officers. We welcome your feedback and suggestions as we are always aiming to improve our services.

We thank Gunida Gonyah Women's Group who participated in a range of activities throughout 2017. A special thanks to the Gunnedah Pre-school - it has been great seeing our facilities used and enjoyed by so many happy little faces.

We would like to extend our thanks to the services and organisations too numerous to mention for all of the partnerships and collaborations. We appreciate the services that you deliver!

We would like to remind everyone to look after themselves and stay safe during Christmas and over the holiday period, we are looking forward to a brand new year and hope to see you then!



Elders Olympics

The Inverell Beareaters Elders took it home winning the Elders Olympics 2017 and will be hosting the 2018 Elders Olympics in Inverell the 12th April. Gunida Gunyah Aboriginal Corporation have had the pleasure in working with the Inverell Elders host next year's event and Gunida Gunyah are also very excited to announce Gunida Gunyah's Women's Group will be participating in the 2018 Elders Olympics with their own team.

Elders from all around NSW gather once every year to be recognised, have fun, catch up with mob, make new friends and see old friends and to also raise awareness for better health. The Elders Olympics has been running for 17 years, the event supports positive social opportunities, strengthens community connections and showcases Indigenous Culture with the inclusion of traditional Aboriginal games.

Each team are to design a banner of their own

to represent themselves and their team, a lot of skill & designs go into the banners for the elders to show off; not only are they to be shown off but are judged and one team will win a prize for best banner. Not only do the elders participating in the teams travel to the event but volunteers and supporters come along every year as well to cheer their grandparents, mothers, aunts and uncles on for the day.

It's such a great atmosphere with some fierce competition and laughs along the way and it is an honour for Gunida Gunyah Aboriginal Corporation to be partnering with the Inverell Beareaters for the 2018 Elders Olympics.

If you are an elder and wanting to participate in the 2018 Elder Olympics, below are contact details to find out more information and register:

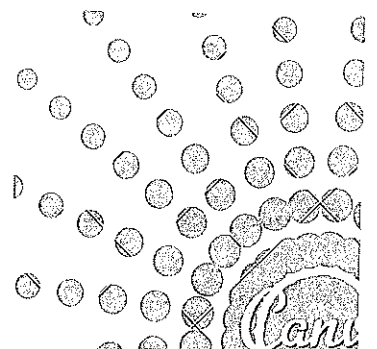
When: 12th April 2018

Where: Inverell Rugby Club, 100 Ross Street Inverell, NSW

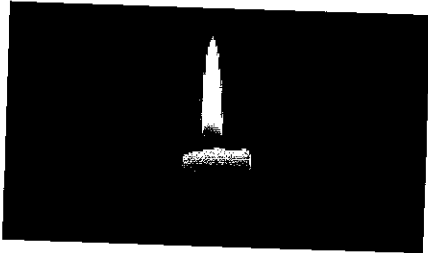
Time: 8:30am - 3:00pm

Contact: Joyce Livermore - 0459 560 276

Rebecca Brown - 0423 261 163



Upcoming Events



Carols by Candlelight

13 Dec 2017

Carols by Candlelight in Central Park proudly sponsored by the Armidale Lions Club.

Come for carols, candles, Santa's visit and wonderful community atmosphere. Bring camping chair or rug



COLLARENEBRI BUSINESSES, SCHOOLS & COMMUNITY GROUPS ARE WELCOMED TO PARTICIPATE IN THIS FESTIVE EVENT.

DO YOUR BIT TO "BUY LOCAL" THIS CHRISTMAS. SMALL BUSINESSES RELY ON YOU TO SURVIVE!

DATE: Friday evening the 15th of December 2017.

TIME: 5.00pm - 7.30pm.

LOCATION: Wilson Street between Herbert & Walgett Streets.

STALL BOOKINGS: Are essential, contact Peta Schiller at Walgett Shire Council on 0268 281 399.

CONDITIONS: Free sites, Public Liability Insurance is required.



COLLARENEBRI CHRISTMAS LIGHT COMPETITION

*Most Festive Business *Best Residence
Cash Prizes will be awarded on the night.



13 December 5pm-9pm - Christmas at Twilight

Mark the calendar for this year's community carols at Ron Harborne Oval. Enjoy the entertainment by the Moree Town Band, Community Choir, school children and many others. Food and beverages are available for purchase. Event concludes with fireworks.

Australia's Biggest Inflatable waterslide is coming to Inverell Showground! 16-26 December (closed 25th and 20th Dec)

Tickets available on site with prices as follows:

Three Hour Unlimited Wrist Band - Ages 5yrs + over >> \$20

Three Hour Unlimited Wrist Band - Ages 4 years + under >> \$10

Single Slide Ticket - Ages 1+ >> \$5

Children under 1 are free.



DEC 16 Big Splash Water World - Inverell NSW

16 December-26 December · Inverell Showground · Inverell, NSW
658 people interested

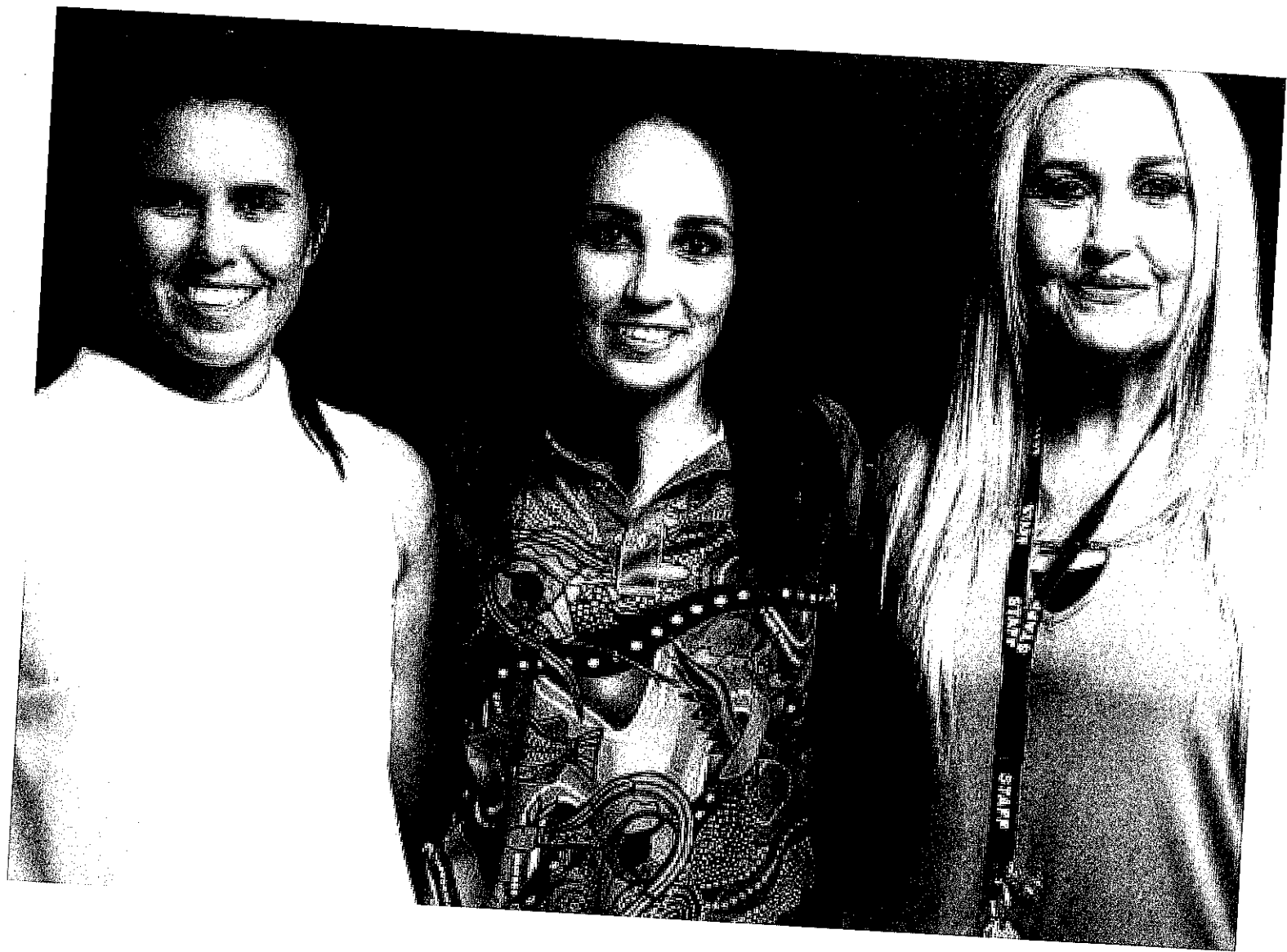
BICENTENIAL PARK KABLE AVENUE TAMWORTH, NSW, AUSTRALIA

Carols in the Park is a free annual community event held in Bicentennial Park on Saturday 16 December.

There are carols and entertainment for the whole family plus candles, a BBQ and refreshments are available.

So put it in your diaries, bring a picnic blanket and warm up your voices to join us in the park!





Rosalie House Drug Health Day Program

The Rosalie House Drug Health Day Program is part of St Vincent de Paul and is also an outreach service that has been visiting Gunida Gonyah Aboriginal Corporation every Wednesday to support clients in need of this service.

"Rosalie House is committed to providing high quality, innovative and flexible treatment responses underpinned by evidence based practice, client centred case management, and trauma informed practice".

Do you feel as though this service can help you?

Contact Details:

Phone: 02 6776 8109

Email: Rosalie.house@vinnies.org.au

Address: 2/236 Marius Street, Tamworth NSW 2340

Pictured from left: Tiarni Burtenshaw, Bonnie Paterson and Nicole Laupepa